

What is **consent**

Consent is an agreement between participants to engage in sexual activity.



Consent is about
COMMUNICATION.

Consent **IS ACTIVE**, not passive.
It's freely choosing to say yes and
being free to change your mind at
any time.

**CONSENT SHOULD HAPPEN
EVERY TIME, FOR EVERY TYPE
OF ACTIVITY.**

consent

is **NOT ASSUMED**. Just because a person has consented to something before, doesn't mean they will consent again. Just because a person consents to kissing, doesn't mean they consent to removing their clothes.





consent

CANNOT BE GIVEN

if participants are

- Underage
- Intoxicated/incapacitated by drugs/alcohol
- Asleep or unconscious
- Forced, coerced or intimidated
- Unable to understand what they are consenting to



Examples of **NOT CONSENTING:**

“I got really drunk at a party & lost my friends. I fell asleep in a spare bedroom & woke up to someone having sex with me”

“I'd been dating this guy for a few months. I wasn't ready to have sex but he really wanted it. He started shouting & throwing stuff. I said yes because I was scared he would hurt me”



What does it mean to

withdraw consent



You can **CHANGE YOUR MIND** at any time. **IF YOU FEEL UNCOMFORTABLE**, you can withdraw your consent.

Remember, consent is about communication. Communicate that you are uncomfortable and wish to stop, either verbally or using non-verbal cues.



Do you love fries? We love fries!
Think of **FRIES** when you think
of **CONSENT**:



Freely given
Reversible
Informed
Enthusiastic
Specific

ENTHUSIASTIC

consent

IS A CONCEPT THAT'S ABOUT LOOKING FOR

AYES

RATHER THAN
AN ABSENCE OF

✦ ✦ ✦ ✦ ✦

NO

enthusiastic consent

can be **VERBAL** or **NON VERBAL**

EXAMPLES

- Asking permission - "is this ok?"
- Checking in periodically "is this still ok?"
- Giving positive feedback when you're comfortable
- Assuring your partner you can stop any time
- Discussing activities before commencing and explicitly agreeing by saying "yes" or "I am open to trying that"



WHAT



consent

IS NOT



forceful | coercive | intimidating | threatening |
a partner who is disengaged, non-responsive or
visibly upset | fearful | disrespectful | refusing
to acknowledge “no” | assumed based on prior
activities, the way someone is dressed



consent
THERE ARE
NO **BLURRED**
LINES

